

Secrets about the Hcg Diet! Treatment Guide, Controversy, Benefits, Risks, Side Effects, and Contraindications

Secrets About the HCG Diet!

Treatment Guide,
Controversy, Benefits,
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Contraindications



by Y.L. Wright, M.A.

SECRETS ABOUT THE HCG DIET!
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Welcome to a very different kind of weight
loss book. SECRETS ABOUT THE HCG
DIET! shows you how you can lose
weight without starving yourself or
following difficult and dangerous diet
plans. Trust me -- I struggled with
overweight and found that it is not an easy
problem to solve. As the years passed, I
felt less and less able to lose the excess fat.
I felt hopeless, angry, and confused. My
health finally declined to the point where I
collapsed into utter exhaustion, unable to
do much of anything for months at a time.
I decided that I had to pull myself out of
the severe health slump that befallen me. I
started looking for answers. In my search
for answers, I discovered that: My health
problems were primarily caused by my
hormones. My doctors knew little to
nothing about helping me to heal my
hormones. Following their advice and
taking their prescriptions would only make
me sicker. The information that I needed
to heal my hormones, to lose the excess
fat, and to overcome my health problems
was not in books or on the internet.
Instead, I turned to the experts. I began
years of intense study with the smartest
bioidentical hormone replacement experts
on the planet. I developed a plan to heal
my hormones, lose my excess fat, and
completely regain my health. I followed
my plan. It worked. And now I want to
help you do the same. That is why I wrote
the Bioidentical Hormones book series.
SECRETS ABOUT THE HCG DIET is
the fifth book in the series. These books
may be read separately or as a whole series
to gain a more complete understanding of
your hormones and your health. This book
includes a detailed guide to doing the hCG
protocol. This protocol has been used
successfully by many thousands of people
to lose weight and improve their health.

Read this book and learn the answers to the following questions: What is hCG? How does hCG work? How is it used in a program to lose weight? What are its other uses? What treatment modalities work most effectively? What are the specifics of the hCG diet protocol? What are the side effects? How can I do the diet safely? What else do I need to know to take the weight off and keep it off? Arm yourself with advice about how to prepare yourself to do this powerful weight-loss protocol safely, taking every possible precaution to avoid problems. HCG is a potent hormone that affects all of the other hormones. Before trying the hCG protocol, learn how it may affect your blood sugar, your sex hormones, and how it may negatively affect vulnerable organs. After all, deciding to lose your excess fat is a decision that you make because you have a vision of a healthier life. It's your chance to take control of your health and your life. SECRETS ABOUT THE HCG DIET shares secrets to lose that excess weight quickly and safely. Read this book and discover the kind of lifelong health that will allow you to look great, feel great, stay at a healthy weight, and have better sex!

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