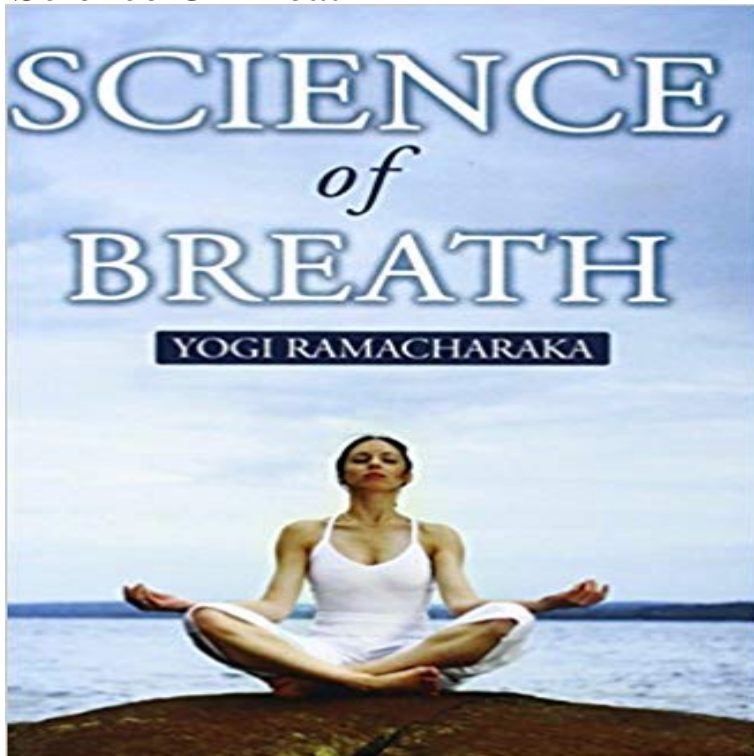


## Science Of Breath



Science of Breath is a complete manual of the Oriental breathing philosophy of physical, mental, psychic and spiritual development. Written by Yogi Ramacharaka, it is widely considered to be a classic. Yogi Ramacharaka authored many books in his lifetime but Science of Breath is considered by many to be his best. It may be required reading for some, and for others it remains an essential part of their personal library.

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