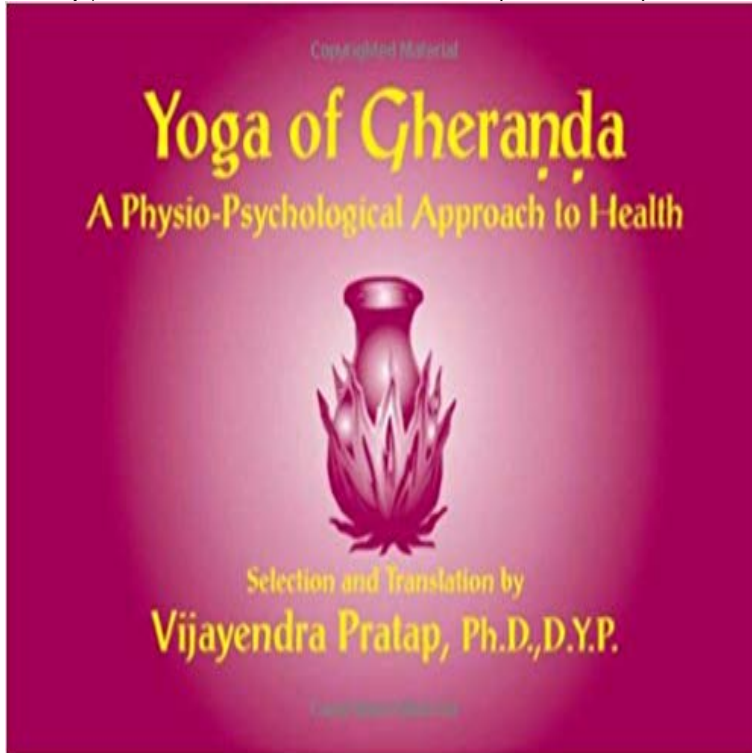


## Yoga of Gheranda: A Physio-Psychological Approach to Health



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